

### Questions about growing up

When and where were you born?

Who were your parents?

What were your parents like?

How was your relationship with your parents?

What is your best memory of childhood? Worst?

Did you have a nickname? How did you get it?

Who were your best friends? What were they like?

What did you think your life would be like when you were older?

Can you tell me any favorite stories/memories from your childhood?

### Questions about working

What do/did you do for a living?

Tell me about how you got into your line of work.

What did you think you were going to be when you grew up?

What lessons has your work life taught you?

Do you have any favorite stories from your work life?

### Questions for parents

Do you remember what was going through your head when you first saw me?

How did you choose my name?

What was I like as a baby? As a young child?

Do you remember any of the songs you used to sing to me? Can you sing them now?

What were the hardest moments you had when I was growing up?

If you could do everything again, would you raise me differently? Why?

What advice would you give me about raising my own kids?

What are your dreams for me?

How did you meet mom/dad?

What are your hopes for me?

### Great questions for anyone

What was the happiest moment of your life? The saddest?

Who has been the biggest influence on your life? What lessons did they teach you?

Who has been the kindest to you in your life?

What are the most important lessons you've learned in life?

What is your earliest memory?

Are there any words of wisdom you'd like to pass along to me?

What are you proudest of in your life?

When in life have you felt most alone?

How has your life been different than what you'd imagined?

How would you like to be remembered?

Do you have any regrets?

What does your future hold?

Is there anything you've never told me but want to tell me now?

Is there something about me that you've always wanted to know but have never asked?

### Questions for friends

What is your first memory of me?

What was the most difficult moment in our friendship?

What makes us such good friends?

Is there anything you've always wanted to tell me but haven't?