SELECTING SHOTS IN PREMIERE PRO CC

1. Select PROJECT tab (bottom left).
2. Select ICON VIEW to view thumbnails of clips.
3. Select a clip. Clip opens in SOURCE MONITOR.
4. Move slider to scrub through thumbnail.
5. Move pointer in SOURCE MONITOR to scrub through full-size clip.
6. NAVIGATION SHORTCUTS:
   a. PLAY –L
   b. PLAY 2X SPEED – LL
   c. STOP – K
   d. PLAY IN REVERSE - J
   e. PLAY 2X SPEED IN REVERSE. -JJ
   f. Select OK.
7. PLAY CLIP.
8. Press "I" to set IN POINT.
9. Press "O" to set OUT POINT.
10. OPTION + K to PLAY SELECTION.
11. TO LOAD INTO TIMELINE, drag selection over NEW ITEM icon (located in bottom right of Project Panel, next to trash.

<div align="center">OR</div>

12. TO INSERT AT PLAYHEAD IN TIMELINE (blue pointer with line extending down), press COMMA key [,].
13. Press BACKSLASH KEY [\] to fit clip in timeline.